

## Backpacking Fun

Backpacking used to be the way people moved from one place to another. After the growth of modern cities, people wanted to get out into the countryside and enjoy nature. They used backpacks to carry basic survival items and snacks. Over the last 15 years backpacks also became the book tote of choice for students of all ages.

### Making the Backpack:

Materials per backpack: ✂

reproduce backpack top (page 53) on colored construction paper  
reproduce 2 each backpack bottoms (page 52) on colored construction paper

reproduce the accessories (pages 51 and 54) on white or colored construction paper

yarn and hole punch

2 brass fasteners

Instructions:

backpack

1. Cut out backpack pieces. Staple or lace the 2 bottom pieces together, leaving the top open. Fold the cover flap on the broken line and glue the STRAIGHT edge to the BACK of the bottom pieces so the "V" part flips over to the front.

2. Attach a length of yarn at the X's to make the shoulder straps.

Several strands of yarn can be braided before being attached if the students have the time.

knife

1. Cut out all knife pieces. Trace around and cut out another "handle" out of plain paper.

2. Punch holes in all the X's. Use a brass fastener to join the blade and can opener to one end of the knife handle. Use the second brass fastener to join the fork and scissors to the other end of the knife handle.

Join the plain paper handle at both ends and spread the fasteners to hold. The blades should pivot in and out between the handles.

camera and canteen

1. Cut out all pieces. Color or decorate as desired.

2. Attach yarn for shoulder straps at the X's as shown.

flashlight and first aid kit

1. Cut out all pieces. Color and decorate as desired.

\*All pieces can be stored in the backpack.

### Backpack Book:

1. Reproduce 1 each of the backpack pieces (pages 52 and 53) on colored construction paper.

2. Write stories on lined paper. Stack pages of story, place bottom of backpack on top, lining up bottom edges. Staple along bottom.

3. Fold top flap on broken line. Staple straight edge of flap to top edge of the BACK page of the story as shown. Decorate the cover of the book.

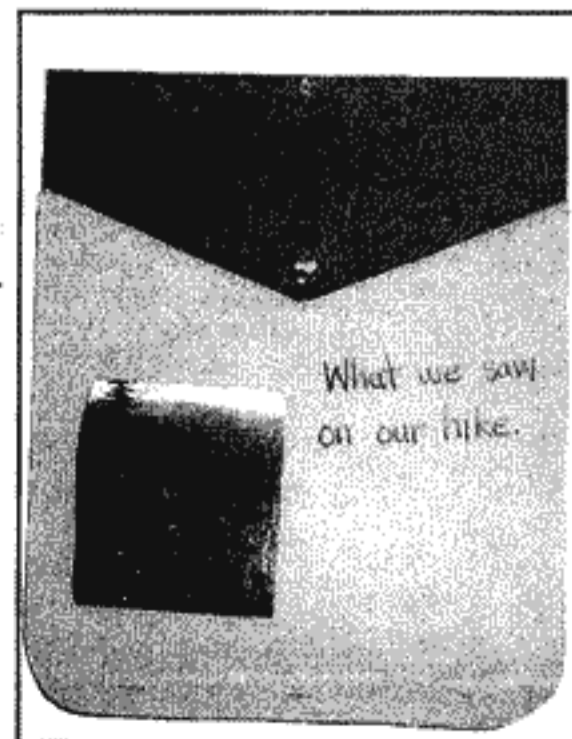
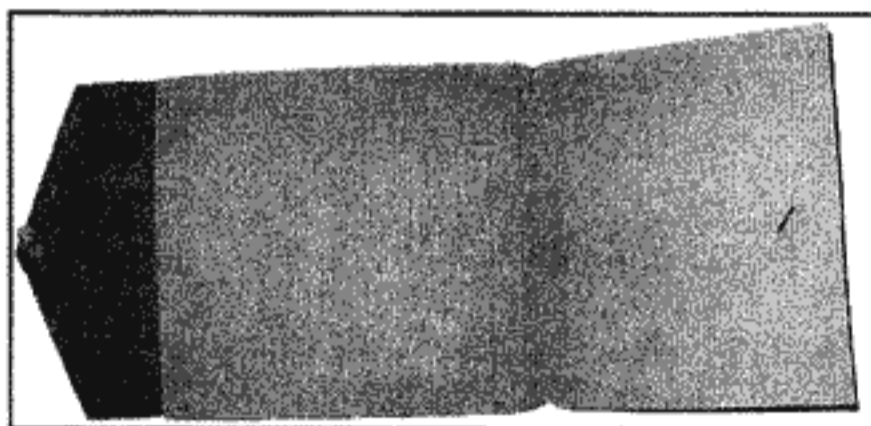
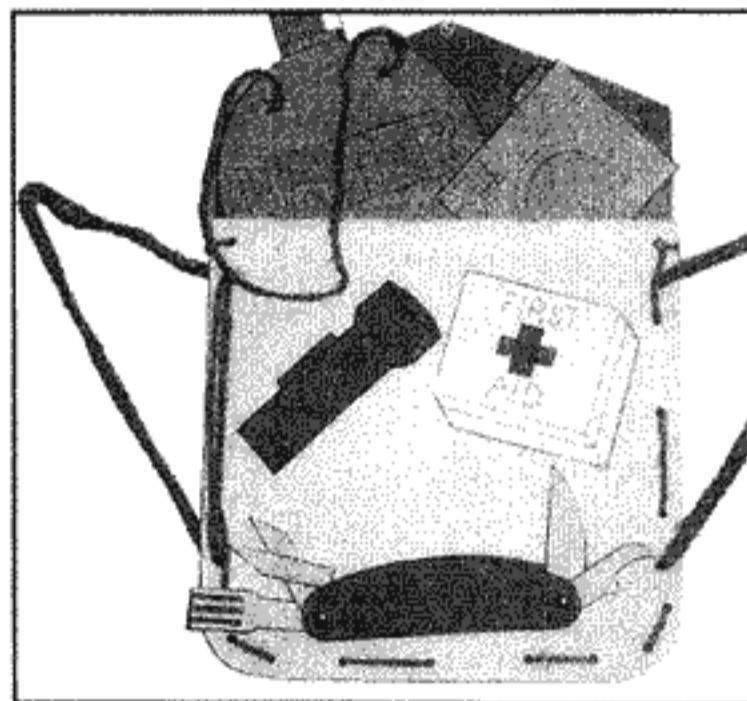
4. Option: add a brass fastener to the top edge of the bottom of the backpack. Punch a hole in the flap so it can hook on to the fastener.

Writing ideas: ✎

1. Write a scary story to tell around the campfire at night when you go camping.

2. Make a list of all the things you would put in your backpack if you were going camping for a week.

3. You have just landed on a strange planet. Tell about the first hike you take to explore your new surroundings.



## The Backpack Game:

Materials: 

reproduce the beaver backpack (pages 56 and 57) on brown construction paper

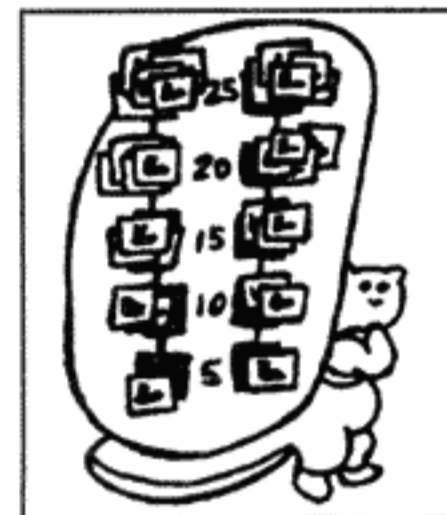
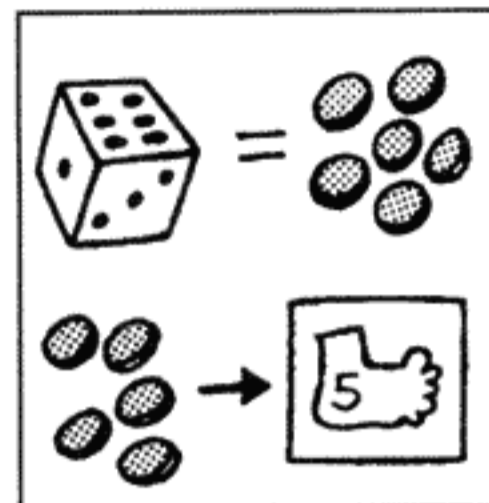
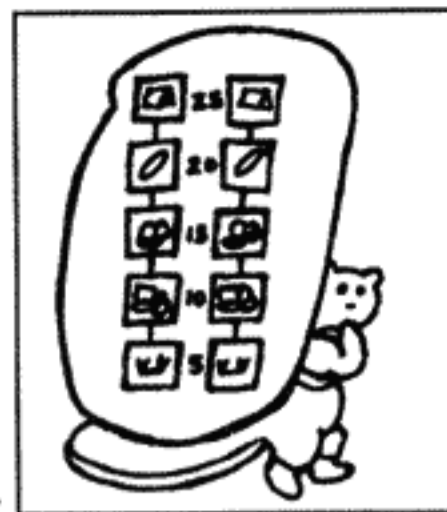
reproduce the camping pieces (page 55) on white construction paper

reproduce the sore feet (page 58) on pink construction paper

**1 die and about 75 small plastic tokens are required for play**

Instructions:

1. Color and cut out the beaver backpack. Glue pieces together using the glue tab.
2. Color the camping pieces and cut out on rectangular lines. Glue each set of camping items in a row on either side of the backpack. Write the numbers 5, 10, 15, 20, 25 between the rows as shown.
3. Cut out feet on rectangular lines. Write the numeral 5 on each of the sore feet. Store in a resealable plastic bag.



### How To Play:

Each player, in turn, rolls the die and collects the number of tokens shown on the die. Five tokens can be exchanged for one sore foot. The feet are collected and used to "hike" up the backpack by covering the first item with one five point foot, the second item with two five point feet, etc. The goal is to cover all the items and complete the "hike".

### Hiking, Hiking, We Will Go

(sung to "Six Little Ducks")

Hiking, hiking, we will go,  
Over mountains high and low.

And the one little camper with the water canteen,  
He leads the others when they take a drink;  
Glug, glug, glug - glug, glug, glug.  
He leads the others when they take a drink.

Hiking, hiking, on they go,  
Over mountains high and low.

And the one little hiker with the camera in his pack,  
He leads the others with a snap, snap, snap.  
Snap, snap, snap - snap, snap, snap.  
He leads the others with a snap, snap, snap.

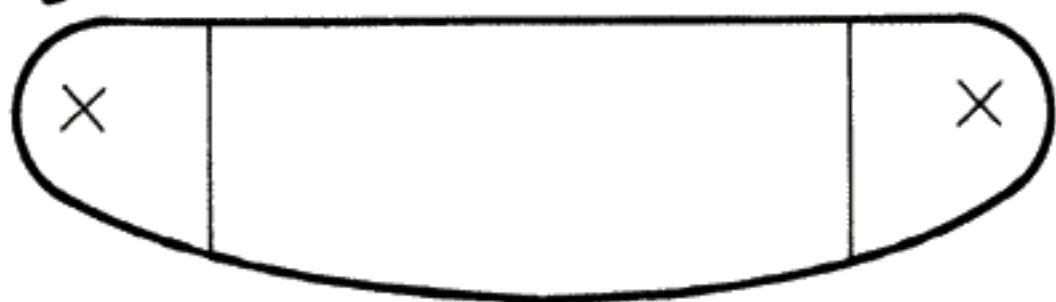
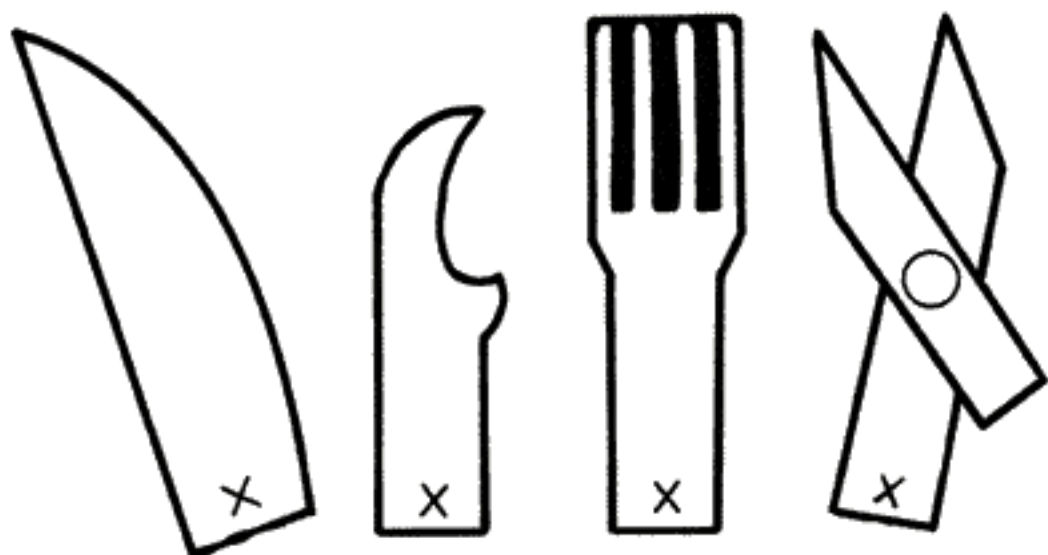
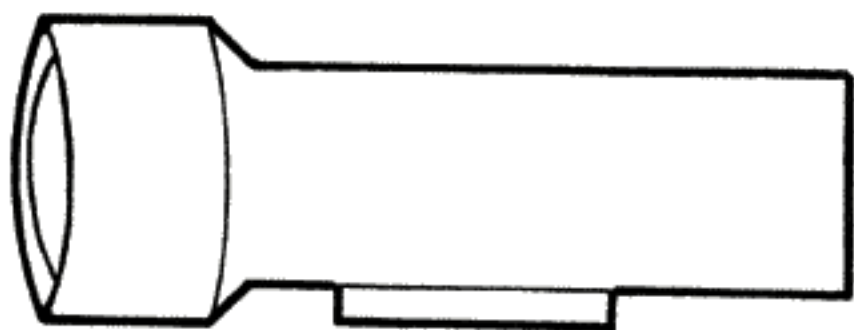
Hiking, hiking, on they go,  
Over the mountains high and low.  
T'ill they're all too tired to hike anymore,  
Then all together they sleep and snore.  
Snore, snore, snore, - snore, snore, snore.  
Then all together they sleep and snore.

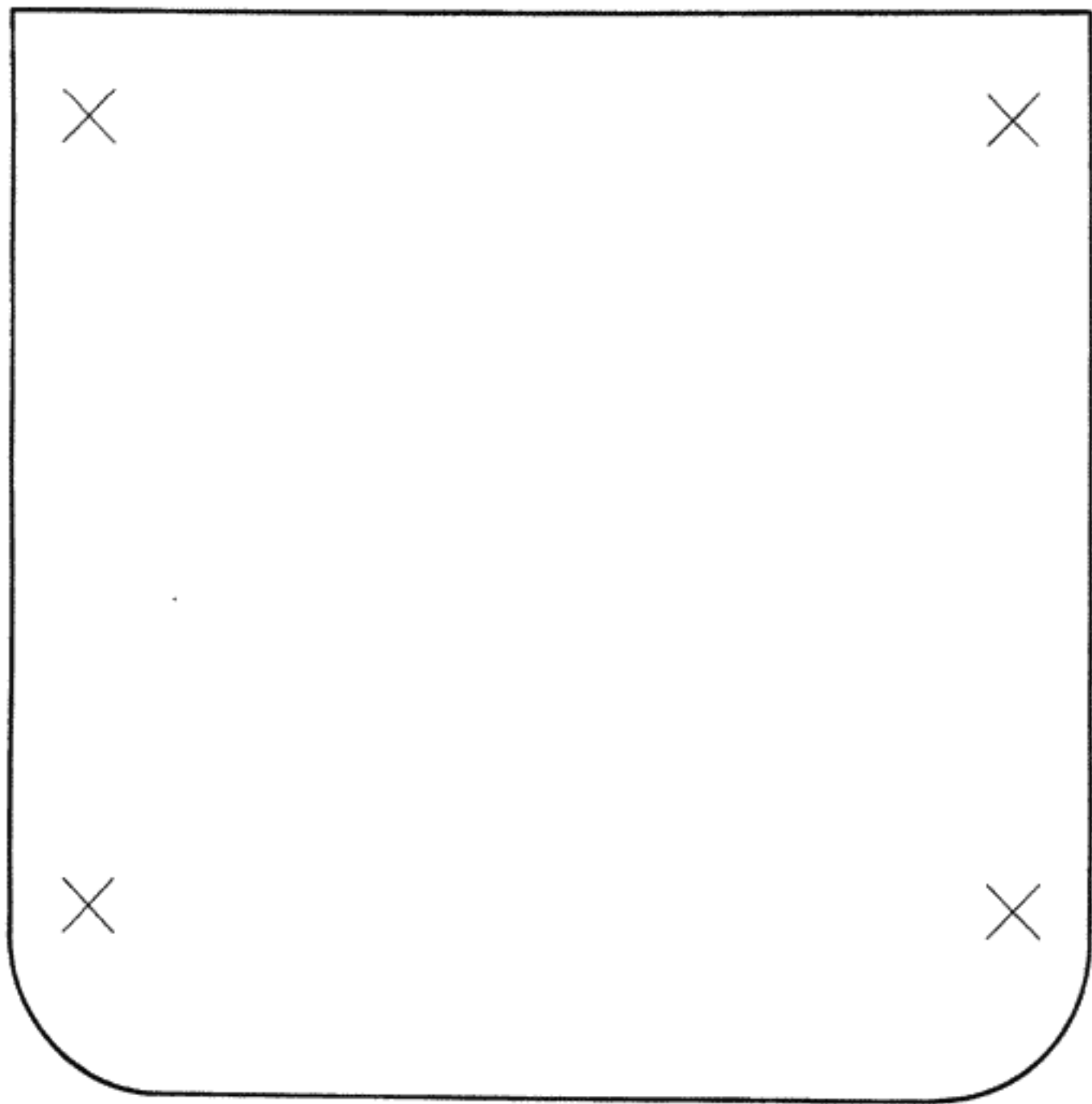
GOODNIGHT!

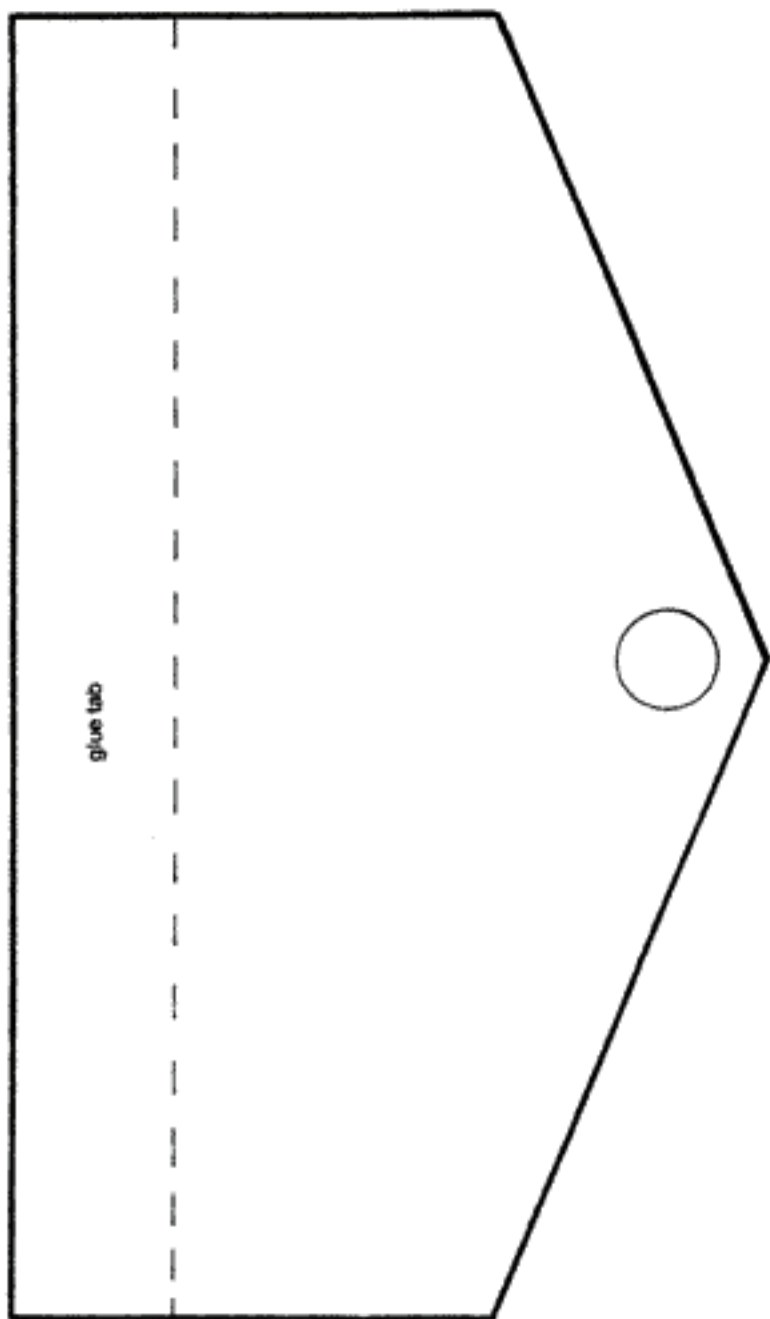
### Campout

(sung to "Michael Finnegan")

Searching, searching, for a campsite,  
(hand on forehead)  
Once we're there we'll build a fire bright.  
(rub hands together)  
We'll toast marshmallows til they're done just right  
(pretend to hold a stick)  
In sleeping bags we'll roll up tight,  
(hug self)  
And sleep the night.  
(pretend to sleep)









knife



knife



first aid kit



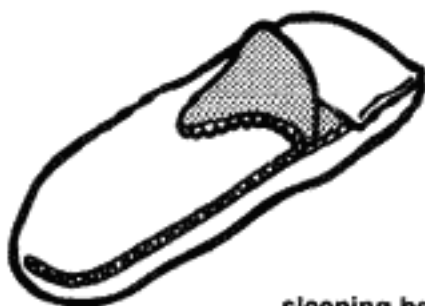
first aid kit



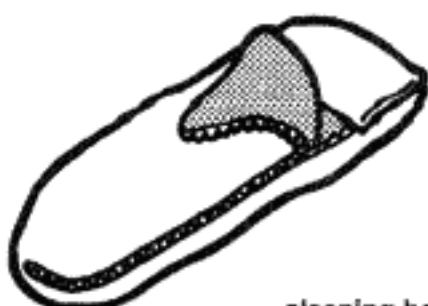
food



food



sleeping bag



sleeping bag



tent



tent

